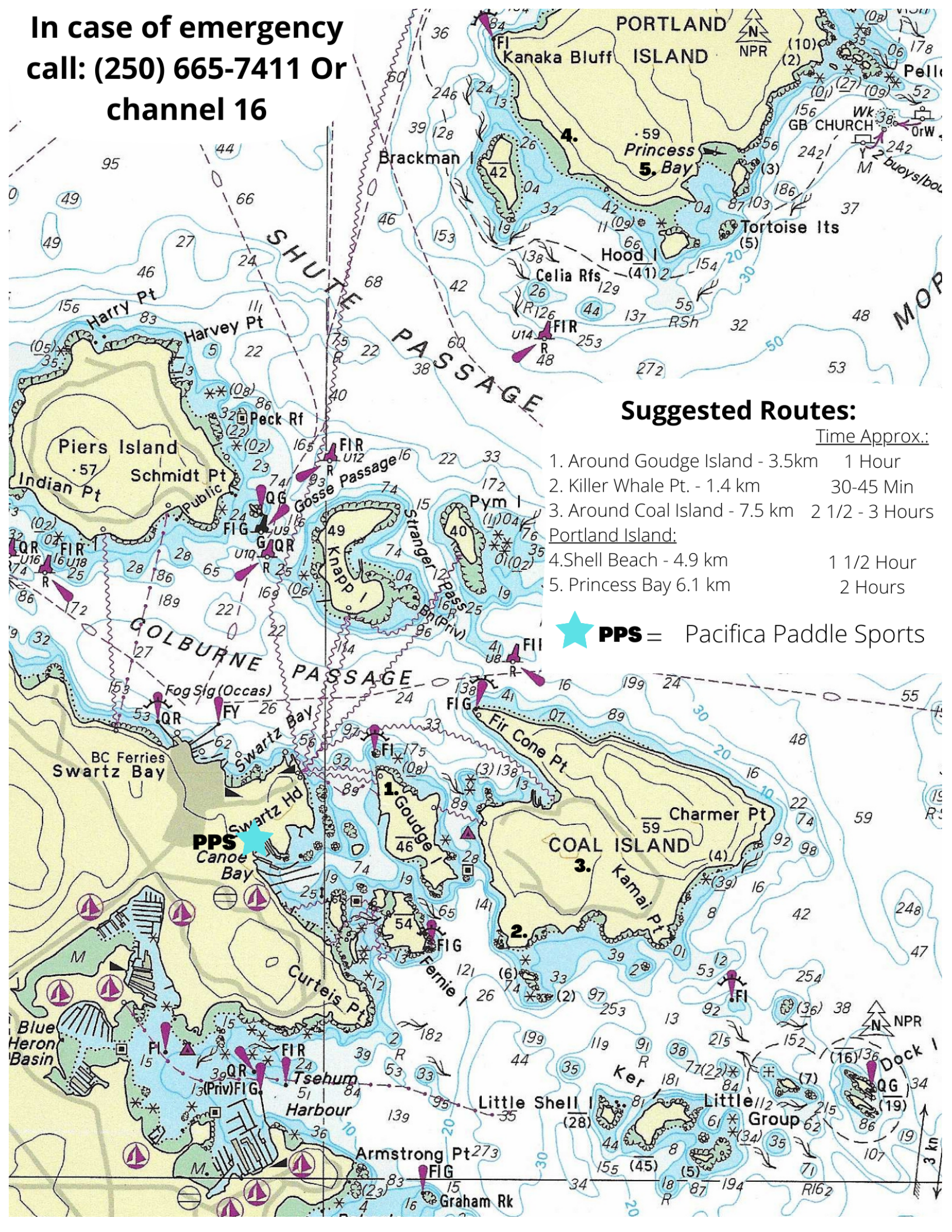


**In case of emergency
call: (250) 665-7411 Or
channel 16**

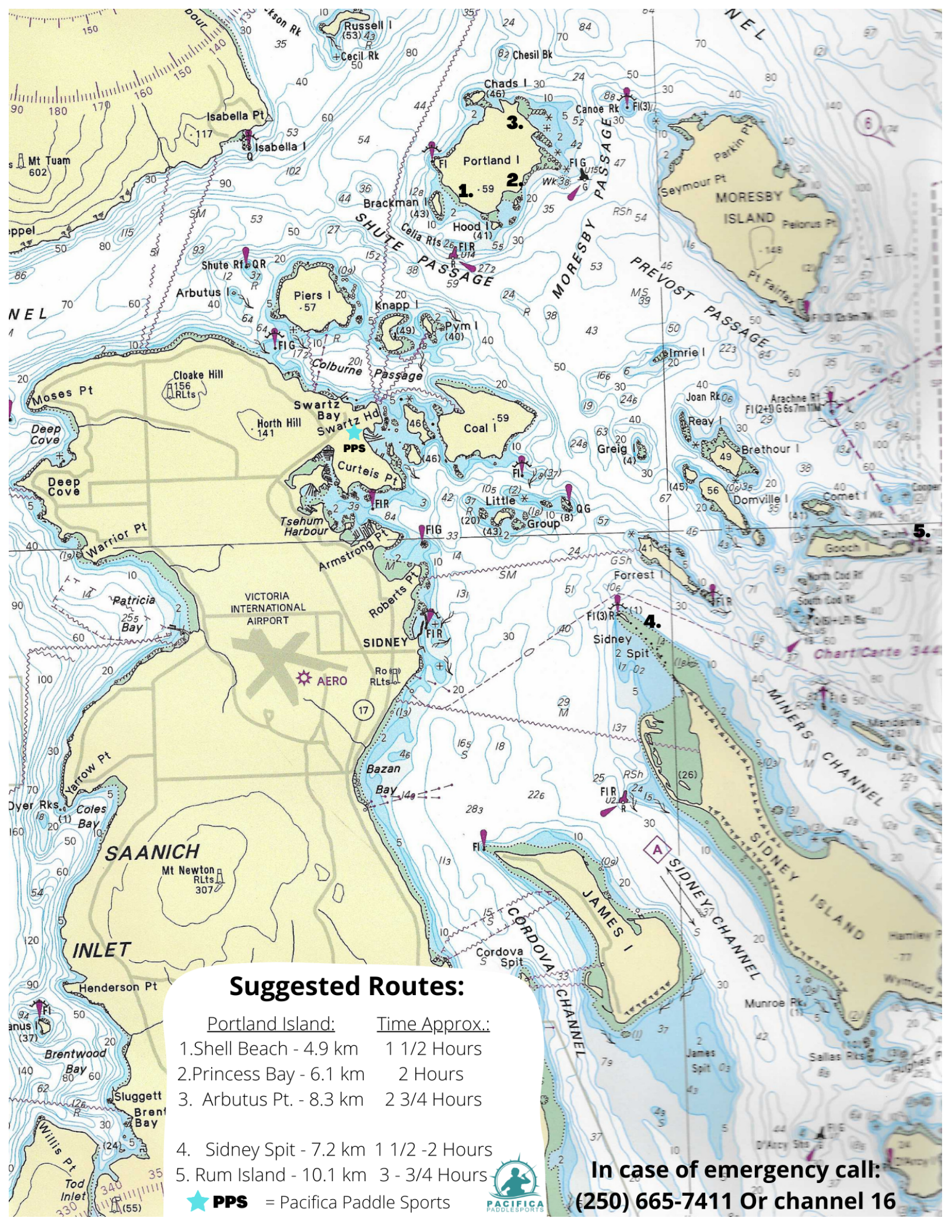


Suggested Routes:

Time Approx.:

- 1. Around Goudge Island - 3.5km 1 Hour
 - 2. Killer Whale Pt. - 1.4 km 30-45 Min
 - 3. Around Coal Island - 7.5 km 2 1/2 - 3 Hours
- Portland Island:
- 4. Shell Beach - 4.9 km 1 1/2 Hour
 - 5. Princess Bay 6.1 km 2 Hours

★ **PPS** = Pacifica Paddle Sports



Suggested Routes:

- | <u>Portland Island:</u> | <u>Time Approx.:</u> |
|--------------------------|----------------------|
| 1. Shell Beach - 4.9 km | 1 1/2 Hours |
| 2. Princess Bay - 6.1 km | 2 Hours |
| 3. Arbutus Pt. - 8.3 km | 2 3/4 Hours |
| 4. Sidney Spit - 7.2 km | 1 1/2 - 2 Hours |
| 5. Rum Island - 10.1 km | 3 - 3/4 Hours |

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